

SAVING LONDONERS LIVES

Emergency Life Support Skills for Schools

Supported by:



MAYOR OF LONDON



Charity No. 225971

Charity No. 1077265/1



Support school teachers to deliver Emergency Life Support skills to their pupils ...

... and help save lives, inspire and educate



An information leaflet for medical students

What is Saving Londoners' Lives?

Saving Londoners' Lives (SLL) is a partnership project aiming to increase the number of people in the capital trained with emergency life support (ELS) skills, and therefore increase the number of Londoners who survive cardiac arrest. It achieves these aims by taking the British Heart Foundation's Heartstart UK programme of ELS training into London schools so that pupils are ready, willing and able to provide ELS if needed.

"Our pupils have been a part of the Saving Londoners' Lives scheme for 4 years. They have greatly benefited from gaining vital skills in saving lives and have enjoyed working with medical students to achieve this. Our children now feel confident and equipped to use their emergency life support skills should the need arise."

Sarah Botchway, Programme Co-ordinator, Heartstart Reay Primary School, Brixton

Process of SLL for medical students

- Attend a 4 hour Heartstart UK Emergency Life Support Skills and Introduction to Methods of Instruction Course (IMOI). Training and assessment is conducted by the London Ambulance Service (LAS).
- Training course dates are sent to you well in advance and training sessions are held in each medical school.
- Attend a yearly refresher course.
- Look out for suitable dates for sessions for you to go into schools, which are advertised on the SLL website www.savinglondonerslives.org.uk

What medical students will gain

- Current and fluent ELS skills, essential for your clinical exams.
- A vital role in a community based project.
- Enhanced communication skills, especially with young people.
- Opportunity to directly improve public health.
- An official letter of completion from SLL confirming your participation and training.
- Opportunities for Advanced Training provided by the LAS for those medical students who are most heavily involved with the scheme.

What you will need to do

- Be committed – training is a scarce resource provided by LAS trainers and it is essential to attend all your training sessions and arrive promptly.
- Complete a 4 hour Heartstart UK ELS and IMOI course.
- Prove C.R.B clearance (this may be provided by your medical school).
- Facilitate in SLL school sessions at least 4 times a year.
- Look regularly for school sessions on the interactive SLL website www.savinglondonerslives.org.uk
- Attend a yearly refresher course.

The Partners and their roles in SLL

British Heart Foundation (BHF)

The BHF offer schools the opportunity to affiliate to Heartstart UK and receive a number of benefits, including insurance cover and start-up grants for equipment. They provide long-term support and resources for Heartstart UK affiliated schools.

St John Ambulance London (Prince of Wales's) District (SJA)

SJA is the country's leading provider of First Aid Training, and they provide expert instructor training for teachers and school staff on the practical skills of ELS.

London Ambulance Service NHS Trust (LAS)

LAS NHS Trust is the largest ambulance service in the world and take the lead in medical student training for this project.

London Medical Schools

Medical students from the five London Medical Schools (Barts and The London, Guy's, King's and St Thomas', Imperial, St George's and UCL) are trained by the LAS to facilitate and support teachers and school staff when delivering the ELS programme to their pupils.

The NHS in London and Mayor's office both support this project, which helps prevent death and serious illness, so improving the health of Londoners.

To get involved please contact your medical school by email:

**Barts and The London
Guy's, King's and St Thomas'
Imperial
St George's
UCL**

sll_barts@hotmail.co.uk
cpris.gkt@googlemail.com
saving.lives@imperial.ac.uk
cprissgul@googlemail.com
sll-rums@hotmail.co.uk

For further information you can also contact the SLL Schools Officer or the Lead Medical Student:

Mary Smith – SLL Schools Officer
T 020 7258 7075
E mary.smith@london.sja.org.uk

Christopher Allen – Lead Medical Student
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